



**Lose 1/2 to 1 pound per DAY!**

**No Exercise!!**

**No Hunger!!**

Eat only real food from the grocery store!

Lower Blood Pressure!

Lower Cholesterol!

Stabilize Blood Sugar!

Reduce Dependence on Medications!

Change your metabolism!

**LOSE UP TO  
1 LB OF FAT  
A DAY**

ASK US HOW

**Reserve your appointment by calling  
(239) 243-8735**

**[www.FortMyersChiroStudio.com](http://www.FortMyersChiroStudio.com)**

Tired of the battle of the bulge? I was too...7 years ago.

I was 50 pounds overweight and feeling as frustrated as you are. I met with a friend of mine, Dr. Eisenstein. He had battled his weight his entire life, despite being a physician and knowing what to do. A friend of his introduced him to the HCG diet and boy did it work! He lost over 100 pounds in less than a year! Dr. Eisenstein had been a mentor of mine for many years, and he encouraged me to do this diet under his supervision. I lost 50 pounds in 3 months time!!!! The struggle was finally over! The weight literally just fell off and I found a whole new level energy & vitality!

My patients begged me to bring the diet to my practice, so with Dr. E's help, I added weight loss to my list of services in my practice. My patients were so successful that I literally have a catalog of success stories and before and after photos of them.

This diet is great for patients who have diabetes and need to gain better control over their blood sugar, and for those with medical issues such as arthritis and artificial joints that inhibit exercise, because NO EXERCISE IS REQUIRED.

This year, you can meet your weight loss goals within the first month or two of the year. If you are tired of the on-going struggle, then you need to call for your appointment to get started on the LAST diet you will ever do!! We are now accepting new patients to the program starting on Tuesday, January 3rd. Call and reserve your appointment today! (239) 243-8735

Sincerely,

Dr. Christine Hoch